

What it means to  
**BE 'MANLY'**  
has changed

TODAY,  
**MEN**

**ASK FOR  
HELP**

Actor portrayal.

When faced with advanced prostate cancer that has spread,  
ask about **PSMA** (Prostate-Specific Membrane Antigen).

### **WHAT IS PSMA?**

PSMA is a biomarker often found on prostate cancer cells. Unlike another biomarker called PSA, it cannot be measured with a blood test.

### **HOW DO YOU KNOW IF YOU ARE PSMA+?**

An advanced imaging test called a PSMA-PET scan can tell if you're PSMA-positive (PSMA+) and physically map out where the cancer has spread in your body. If your prostate cancer is metastatic (has spread outside of the prostate to other parts of the body) you are more likely to be PSMA+.

### **WHY IS KNOWING YOUR PSMA STATUS IMPORTANT?**

If a PSMA-PET scan reveals that you are PSMA+, it means that you and your doctor could change the way you manage your disease.

**PSMA**

is present in more than

**80%**

of men with prostate cancer

**Find out your PSMA status today**

Use the Discussion Guide on the back page to talk to your doctor.



# Discussion Guide

## QUESTIONS TO ASK ABOUT **PSMA** AND PROSTATE CANCER

Patient and health care provider portrayed by actors.



### PERSONAL QUESTIONS



### TESTS AND DIAGNOSIS



### LOOK AFTER YOURSELF

- Am I PSMA+?
- What could PSMA tell us about my prostate cancer?
- What are my options right now?
- How is testing for PSMA done?
- If I had a PSMA-PET scan before, should I have another one?
- How long will I need to wait for the results?
- How can I prepare for, and take care of myself after, a PSMA-PET scan?
- What do my loved ones need to know?
- What are my next steps?

### **ABOVE ARE SOME EXAMPLE QUESTIONS TO ASK YOUR DOCTOR.**

Use the space provided below to write down answers, or add your own questions and notes.

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